



For a Eucharistic life

JULY

“Let us pray that Catholics may place at the centre of their lives the Eucharistic Celebration which transforms human relationships profoundly and opens up an encounter with God and their brothers and sisters”



PRAYER INTENTION REFLECTION

ANGELUS⁹

Francis

6 June 2021

Each time we receive the Bread of Life, Jesus comes to give new meaning to our fragilities. He reminds us that in his eyes we are more precious than we think. He tells us he is pleased if we share our fragilities with him. He repeats to us that his mercy is not afraid of our miseries. The mercy of Jesus is not afraid of our miseries. And above all he heals us from those fragilities that we cannot heal on our own, with love. What fragilities? Let's think. That of feeling resentment toward those who have done us harm — we cannot heal from this on our own; that of distancing ourselves from others and closing off within ourselves — we cannot heal from that on our own; that of feeling sorry for ourselves and complaining without finding peace; from this too, we cannot heal on our own. It is He who heals us with his presence, with his bread, with the Eucharist. The Eucharist is an effective medicine for these closures. The Bread of Life, in fact, heals rigidity and transforms it into docility. The Eucharist heals because it unites with Jesus: it makes us assimilate his way of living, his ability to break himself apart and give himself to brothers and sisters, to respond to evil with good. He gives us the courage to go outside of ourselves and bend down with love toward the fragility of others. As God does with us. This is the logic of the Eucharist: we receive Jesus who loves us and heals our fragilities in order to love others and help them in their fragilities; and this lasts our entire life. In the Liturgy of the Hours today, we prayed a hymn: four verses that are the summary of Jesus' entire life. And they tell us this: as Jesus was born, he became our travelling companion

⁹ See full message:

https://www.vatican.va/content/francesco/en/angelus/2021/documents/papa-francesco_angelus_20210606.html

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in life. Then, at the supper he gave himself as food. Then, on the cross, in his death, he became the “price”; he paid for us. And now, as he reigns in Heaven he is our reward; we go to seek the One who awaits us [cf. Hymn at Lauds on *Corpus Christi, Verbum Supernum Prodiens*].